# Let's Talk About Talking

Improving Leadership thru Effective Communication

#### Agenda

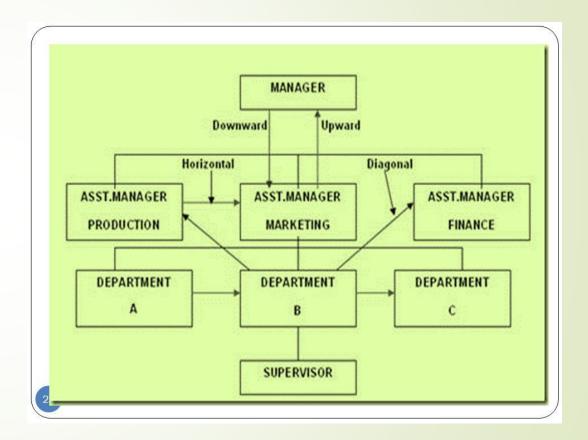
- Defining Leadership
- Defining Communication
- Changes in Communication
- New Footprints
  - Do's and don'ts
- Helpful Resources

### Leadership

- Definition of leadership
  - Transformational leadership
  - Transactional leadership
  - Servant leadership

## Type of Communication

- Upward
- Downward
- Horizontal
- Feedback



#### Parts of Communication

- ► 7-38-55 Rule
  - Verbal
  - Non-Verbal
    - Body language
    - Gestures
  - Tonality
    - Vocal variety pitch and speed

## Communication and Leadership

- How do these things relate?
- Good communication is a key ingredient in leadership

#### The New Reality

- History
- Remains the same:
  - Communicate to your audience
  - Organize your thoughts
  - Breath

#### Hybrid New Reality Does and Don'ts

- Set Expectations
- Turn on your camera
- Be Aware
- Be Present
- Stand up
- Utilize all ways to communicate not just verbal

#### References/Recommendations

- Toastmasters Less than the cost of one cup of coffee per month
  - 300,000 members, 15,800 clubs and 149 countries
  - Leadership skills, communication skills, time management skills, evaluation skills
- Other books
  - Radical Candor Kim Scott
  - Crucial Conversations Patterson, Grenny, McMillan, Switzler
  - Everyone Communicates Few Connect John C. Maxwell
  - The Speed of Trust Stephen M. R. Covey with Rebecca R. Merrill

### QUESTIONS



#### Contact Information

"The capacity to learn is a gift; the ability to learn is a skill; the willingness to learn is a choice" - Brian Herbert.

- Kimberly Choplin
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